

Book Reviews

Lynn Miller is accomplishing what we all aspire to do – build flavor by conquering the basics. This book is easy to use and directs the reader down the path to success.

---BRIAN POLCYN, chef/owner Forest Grill & Cinco Lagos,
Culinary Instructor and author of *Charcuterie*

Flavor Secrets is an A+ work on contemporary cuisine, tailored for the home cook. I endorse it wholeheartedly.

---JEFF GABRIEL, Certified Master Chef

Questions? Email or Call Chef Lynn

cheflynn85@sbcglobal.net

248-854-6220

Registration Form (Please Print clearly)

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Celebrate Mom's Day

Come for lunch & a lesson with Chef Lynn!

Thursday, May 6, 2010

Bring your mom, daughter or guest for lunch with Chef Lynn!
Sponsored by Spitz Press

Everyone who attends receives:

- a demo of 8 great appetizers
- samples of the appetizers plus a Michigan salad and refreshments
- a Flavor Secrets Cookbook (\$35 value)

The lesson will focus on stress-free cooking, make ahead options, using leftovers, proper chopping techniques and garnishes. All recipes will be provided.

Cost:

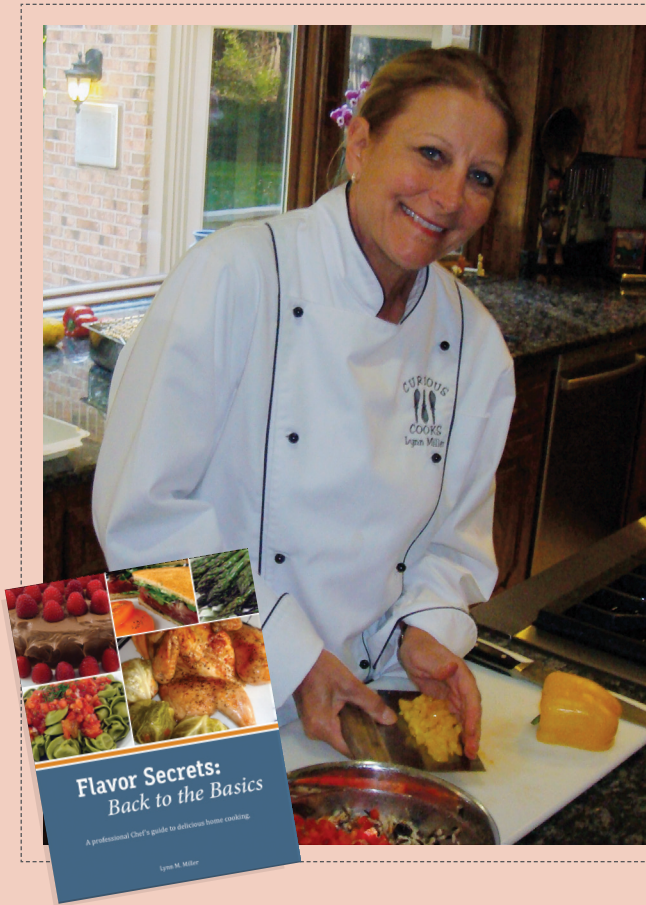
\$55 for the first registration

\$45 for the second registration (booked together)

To register, fill out and mail or fax the form on the back.

Can't come but want to order a book?

Visit: www.spitzpress.com



Thursday, May 6, 2010
11 a.m. - 1 p.m.



Trevarrow Showroom

(in the theater kitchen)
1295 N. Opdyke Road
Auburn Hills, MI 48326

About Chef Lynn

Lynn Miller was an extreme hobby cook for 25 years before graduating from culinary school at Schoolcraft College. She is currently Chef-Owner of Curious Cooks LLC, a company that provides cooking classes and publications in Bloomfield Hills, Michigan.

She is the author of the top new cookbook, *Flavor Secrets; Back to the Basics*. Recently released, it has garnered rave reviews from local chefs and readers alike.

Lynn is a member of the WCR (Women Chefs and Restaurateurs) and the ACF (American Culinary Federation). Information about her classes and photos can be found at www.curious-cooks.com.